

CONTINUING MEDICAL EDUCATION ΣΥΝΕΧΙΖΟΜΕΝΗ ΙΑΤΡΙΚΗ ΕΚΠΑΙΔΕΥΣΗ

Acid-Base Balance-Electrolyte Quiz – Case 12

A 61-year-old woman reported progressively worsening bone pain in the left right, lower back and arms over a period of several months. A bone survey revealed generalized osteopenia. Laboratory investigation showed only hypophosphatemia (serum Po_4^{3-} 1.1 mg/dL) and low levels of $1,25(\text{OH})_2\text{D}_3$ (12 pg/mL, normal values 15–60 pg/mL).

Which is the most probable diagnosis?

- a. Hyperparathyroidism
- b. Vitamin D deficiency
- c. Tumor-induced osteomalacia
- d. Hypophosphatasia
- e. Fanconi syndrome

Comment

A CT scan showed a lesion in the right thigh. Furthermore, an octreotide labeled scintigram showed intense focal uptake in the same region. Fractional phosphate excretion was 25% indicating inappropriate phosphaturia, while serum levels of potassium,

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urate and bicarbonate were within normal limits and urinalysis did not show glucosuria; thus, the diagnosis of Fanconi syndrome can be excluded. The levels of serum alkaline phosphatase were not low and this finding rules out hypophosphatasia, while the normal serum Ca^{2+} and PTH levels exclude the diagnosis of primary hyperparathyroidism. The absence of increased PTH levels can also exclude the possibility of vitamin D deficiency. The serum level of the phosphaturic hormone fibroblast growth factor (FGF-23) was markedly elevated. Thus, the patient exhibited a mesenchymal tumor-induced osteomalacia. In this disorder phosphatonines inhibit both the renal tubular absorption of phosphate and 1 α -hydroxylase enzyme that converts $15(\text{OH})\text{D}_2$ to $1,25(\text{OH})_2\text{D}_3$.

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